

*Why use a toner?*

Out of all the skin care products on the market today, toners are a mystery to most people. I think I hear, “why do I need to use a toner”, more than any other question.

Aside from giving your skin an opportunity to be relieved of further makeup and cellular debris, toners give our skin a pH balance. Our skin should stay between 5 and 6 pH. After cleansing, the pH balance gets disturbed and when this happens it has to work harder to regain its’ balance, which can also mean it will produce more oil. Using a toner helps to restore the balance quickly.

Another side benefit of using a toner is to get the hard water residue off of the skin. That white streak that you see on the side of a freshly washed glass that has just been rinsed is chlorine and hard minerals. These hard minerals are left on your skin after you rinse off the cleanser products. These minerals can dry your skin.

Removing oil with toner gives the skin an appearance of smaller pores and smaller pores makes skin look smoother and more youthful. Toners can help close pores and tighten cell gaps after cleansing. This reduces the penetration of impurities and environmental contaminants into the skin.

Some toners have humectant qualities, which mean that they help to bind moisture to the skin. We recommend that if you don’t want to wash your face in the morning, use a toner to get the oil or dirt off of your skin. Your skin will feel fresh, softened and revitalized.

Some toners include exfoliants, such as Bellanina’s Glycolic Toner 10% to aid in removing dead skin cells. A glycolic toner will also work very well for men who have ingrown hairs and must deal with ‘bumpy’ skin.



We are happy to announce that our new BELLANINA BOTANICAL TONER with Ginseng & Aloe is now available to ship. Our new toner is formulated with all natural plant extracts with no parabens. Unlike off the shelf skin care, our Bellanina ‘kit’ products use the freshest ingredients and are made in small batches insuring their freshness. Some of the featured ingredients of the NEW Bellanina Botanical Toner are:

Panax Ginseng - Tonic action; revitalizing

Roman Chamomile – Calming

German Chamomile – Soothing for problematic Skin; anti-inflammatory

Witch Hazel – Natural extract from leaves and bark with potent anti-oxidant and anti-irritant properties

Hyaluronic Acid – Superior hydrator

Panthenol – Pro-vitamin B5 is a panthenol is a humectant, emollient and moisturizer.

Organic Geranium essential oil – Antibacterial, antispasmodic, anti-tumorial, anti-inflammatory & anti-fungal. The aroma of geranium helps to lift the spirits.

Bellanina continues to strive to bring Bellanina Practitioners and loyal skin care customers new and innovative products that keep the skin healthy and vibrant. We hope you try our new toner soon!

Nina Howard